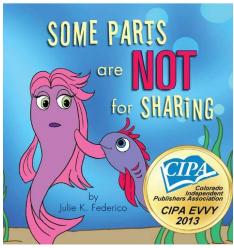


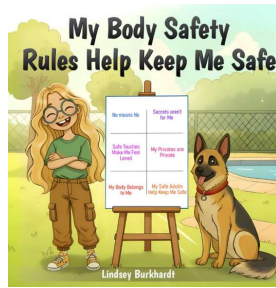
Below is a list of resources that may be shared with caregivers and families in regard to normal sexual behaviors, questions about their bodies, and navigating difficult topics/conversations.

- Sexual Behaviors in Young Children: What's Normal, What's Not? - HealthyChildren.org.
 - https://www.healthychildren.org/English/ages-stages/preschool/Pages/Sexual-Behaviors-Young-Children.aspx?gad_source=1&gclid=EAlaIQobChMIzoTFy5TJggMVElhyCh2iBggIEAAYASAAEgL1v_D_BwE
- Talking to Your Young Child About Sex - HealthyChildren.org.
 - <https://www.healthychildren.org/English/ages-stages/preschool/Pages/Talking-to-Your-Young-Child-About-Sex.aspx>
- Masturbation - HealthyChildren.org.
 - <https://www.healthychildren.org/English/ages-stages/gradeschool/puberty/Pages/Masturbation.aspx>
- Problematic Sexual Behavior in Children - Red River Children's Advocacy Center
 - <https://rrcac.org/services/mental-health/>
 - <https://rrcac.org/wp-content/uploads/2024/02/Behaviors-Related-to-Sex-Sexuality-Final3.pdf>
 - <https://rrcac.org/wp-content/uploads/2024/02/Guidelines-to-Follow-If-You-Find-Your-Child-Engaged-in-Sexual-Behavior-Aug-2023.pdf>
- Amaze
 - <https://amaze.org/us/>
- Amaze Jr
 - <https://amaze.org/jr/>
- Book recommendation: *Understanding Children's Sexual Behaviors: What's Natural and Health - Expanded 2015* by Toni Cavanagh Johnson, PH.D.
 - <https://www.amazon.com/Understanding-Childrens-Sexual-Behaviors-Natural/dp/1882948246>

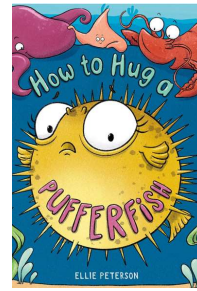
Books on Body Safety, Puberty, Sex, and more!



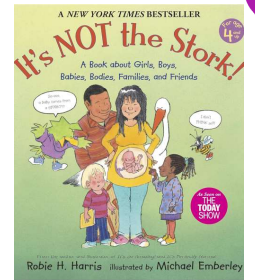
Some Parts are NOT for Sharing
Age 6mo+



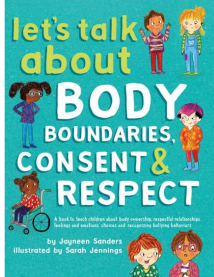
My Body Safety Rules Help Keep Me Safe
Age 3-10



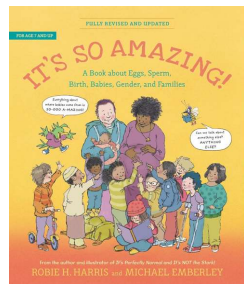
How to Hug a Pufferfish
Age 3-6



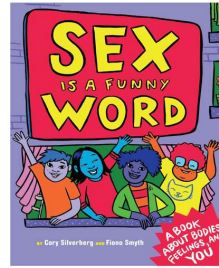
It's Not the Stork
Age 4+



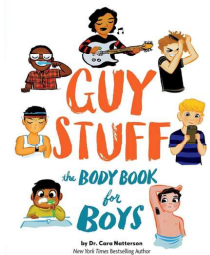
Let's Talk About Boundaries, Consent, & Respect
Age 4-7



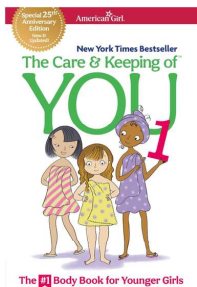
It's So AMAZING!
Age 7+



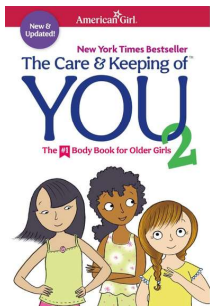
Sex is a Funny Word
Age 8-11



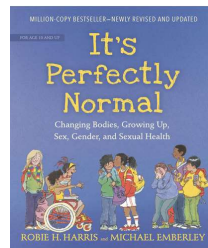
Guy Stuff: The Body Book for Boys
Age 9-11



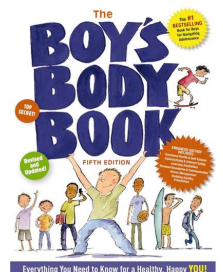
The Care and Keeping of You 1: The Body Book for Younger Girls
Age 8-10



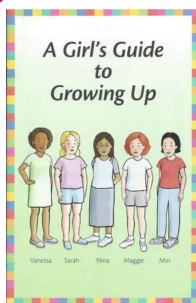
The Care and Keeping of You 2: The Body Book for Older Girls
Age 9-11



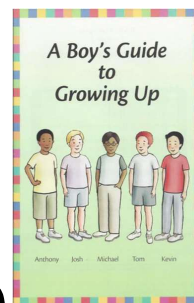
It's Perfectly Normal: Changing Bodies, Growing Up, Sex, and Sexual Health
Age 10+



The Boy's Body Book: Everything You Need to Know for a Healthy, Happy YOU!
Age 9-11



Puberty education for children with special needs (i.e. developmental delays, Autism Spectrum Disorder, learning disabilities, etc)



Created by the Sanford Children's CARE Clinic

