

## Alternatives to Corporal Punishment

### [No Hit Zone](#)

- Resources to promote non-violent interactions and effective parenting, ensuring that no adult or child hits another person.



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### [Alternatives by Age](#)

- Parenting tips with age-appropriate discipline strategies.



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### [Healthy Children- Best Way To Discipline My Child](#)

- American Academy of Pediatrics- tips for positive discipline strategies while promoting healthy childhood development.



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### [American Academy of Pediatrics- Stance of Spanking](#)



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### [Discipline Strategies More Effective Than Spanking](#)

- Alternatives to spanking



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