Recommended Screening

For Suspected Acute Child Physical Abuse

O-6 Months

Head CT without contrast

Skeletal survey

Labs (CBC w/ diff, CMP, Lipase, PTT, PT, INR)

• Consider CPK for extensive bruising, multisystem trauma, forced position holding, or prolonged exercise as punishment

Abdomen and pelvis CT with IV contrast if:

- AST or ALT >80 U/L
- Lipase >100 U/L
- Abdominal bruising/tenderness

Rapid urine drug screen (UDS)

• If UDS is positive, order confirmatory test from the original urine sample

Report to CPS and/or law enforcement

7-23 Months

Skeletal survey

Labs (CBC w/ diff, CMP, Lipase, PTT, PT, INR)

• Consider CPK for extensive bruising, multisystem trauma, forced position holding, or prolonged exercise as punishment

Abdomen and pelvis CT with IV contrast if:

- AST or ALT >80 U/L
- Lipase >100 U/L
- Abdominal bruising/tenderness

Rapid urine drug screen (UDS)

• If UDS is positive, order confirmatory test from the original urine sample

Report to CPS and/or law enforcement

Consider Head CT without contrast if:

- Skull fracture(s)
- Extensive bruising of the face/head
- Altered mental status

*Work up in the \geq 5 years group is optional and should be based on a combination of history, the child`s report of symptom, and observed injuries.

2-4 Years

Labs (CBC w/ diff, CMP, Lipase, PTT, PT, INR)

• Consider CPK for extensive bruising, multisystem trauma, forced position holding, or prolonged exercise as punishment

Abdomen and pelvis CT with IV contrast if:

- AST or ALT >80 U/L
- Lipase >100 U/L
- Abdominal bruising/tenderness

Rapid urine drug screen (UDS)

• If UDS is positive, order confirmatory test from the original urine sample

Report to CPS and/or law enforcement

Consider Head CT without contrast if:

- Skull fracture(s)
- Extensive bruising of the face/head
- Altered mental status

Consider skeletal survey for developmental delay or extensive trauma/burns

≥ 5 Years*

Labs (CBC w/ diff, CMP, Lipase, PTT, PT, INR)

• Consider CPK for extensive bruising, multisystem trauma, forced position holding, or prolonged exercise as punishment

Abdomen and pelvis CT with IV contrast if:

- AST or ALT >80 U/L
- Lipase >100 U/L
- Abdominal bruising/tenderness

Report to CPS and/or law enforcement

Consider Head CT without contrast if:

- Skull fracture(s)
- Extensive bruising of the face/head
- Altered mental status

Consider rapid urine drug screen (UDS) if altered mental status or reported drug exposure by caregivers

• If UDS is positive, order confirmatory test from the original urine sample

Child Abuse Recognition TEN 4 FACES P

TEN-4-FACES-P is a validated screening tool used to identify injuries in children \leq 4 years old that are highly concerning for physical abuse, and further medical work-up should be considered.



Bruises in the **TEN** distribution in a child under 4 years old, or ANY bruise in an infant less than 4.99 months old

FACES (Frenulum, Angle of Jaw, Cheek, Eyelids, Subconjunctival Hemorrhage)



P (Patterned Injuries)

4



Signs of Abusive Head Trauma

(AHT; Formerly Known as Shaken Baby Syndrome)

- AHT is easily missed because it often presents with no visible external injuries
- AHT may present with 1 or more of the following:
 - Bulging fontanelle and/or rapidly increasing head circumference
 - Bruising or swelling of the face or head
 - Poor feeding and/or persistent vomiting without other viral or medical symptoms
 - Excessive crying, restlessness, or lethargy
 - Change in mental status or unresponsiveness, including brief & resolved
 - Apnea or change in breathing, including brief & resolved
 - New onset of seizures in children under 3 years of age

Consider transfer to a higher level of care for:

- Trauma team consult
- Child Abuse Pediatrics consult
- Sexual Assault Nurse Examiner (SANE) consult if evidence collection is indicated for suspected sexual abuse.
- If subconjunctival hemorrhage present or intracranial hemorrhage is found, consult ophthalmology for a dilated fundoscopic examination.

If an injury concerning for physical abuse is found through this screening, further evaluation with a child abuse provider is highly recommended.

Contact a Child Abuse Provider

Child Abuse Referral and Evaluation (CARE) Clinic

Sanford Health Fargo, ND (701) 234-4515 (business hours) or (877) 647-1225 (after hours)

Child's Voice Child Advocacy Center

Sanford Health Sioux Falls, SD (605) 333-2226

Center for Safe and Healthy Children

Hennepin County Medical Center Minneapolis, MN (800) 424-4262

Center for Safe and Healthy Children

University of MN Masonic Children's Hospital Minneapolis, MN (612) 273-7233

Midwest Children's Resource Center

Children's Hospital and Clinics of MN St. Paul, MN (651) 220-6750

This document doesn't substitute an expert medical evaluation, nor should it take the place of medical decision making. Please consult a medical provider with expertise in child abuse if the patient presents with injuries that are concerning for abuse.

