

# 20 ANNUAL 24 REPORT

## Who We Are



## **Red River Children's Advocacy Center**

The Red River Children's Advocacy Center (RRCAC) provides a compassionate and effective way to bring services to children victimized by abuse. Our public-private collaboration significantly reduces the trauma associated with reporting child abuse. We help coordinate care and investigation from first report to conviction and beyond, while keeping the child at the center of everything the team does.

## **Our Mission**

To facilitate healing and justice for victims of sexual and physical abuse, neglect and exploitation, and to engage the community to protect and support children.

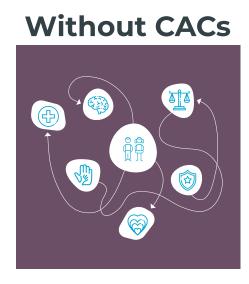




# What We Do

CAC stands for Children's Advocacy Center. CACs are community-based, child-focused organizations that work as part of a multidisciplinary team (MDT) to coordinate communities' responses to incidents of child abuse with the goal of promoting healing and justice for victims and their families.

By coordinating the response of agencies like law enforcement, child protective services, prosecutors' offices, advocates, mental health, and medical professionals, CACs help ensure that when a child discloses abuse, they are not further victimized by the systems designed to protect them. From the initial allegation of abuse, the multidisciplinary team allows the child an opportunity to talk with a single interviewer in a safe, neutral setting, thus protecting the victim from being unnecessarily interviewed by multiple people from each specific field. The team continues to work together to guide the investigation, treatment, management, and possible prosecution of the case to ensure the greatest level of protection and care for the child victim and family.



With CACs



At its core, the model is about teamwork—bringing the agency professionals involved in a case together on the front end—and about putting the needs of the child victim first. CACs provide an array of compassionate, professional, trauma-informed services to children and their families.

**Our Goals** 



Do the best job possible in finding out what happened.



Help make the process as comfortable as possible.



Work in cooperation with other services/programs to help children and families.



Help families begin to heal.

# **Our Services**

Connecting to RRCAC's services starts with a referral from Law Enforcement or Social Services following reported allegations of any type of child abuse, maltreatment, or exploitation. Our professionals set in motion a process that will begin the healing for children who have been abused, as well as their family members.

Our services include: forensic interviewing; referral for a specialized medical exam; family advocacy; specialized trauma-specific and evidence-based mental health screening, assessment, and treatment; case coordination; and prevention and education.

Red River Children's Advocacy Center provides services at no cost to children and families. These services are the stepping stones that enable our staff and partners to work as a team to support children and help them heal.













## Forensic Interviews

Specially trained Forensic Interviewers work with the MDT to ensure children are not interviewed unnecessarily and allow them to share their experience in a safe, legally sound, and neutral setting.

#### Advocacy Sessions

Advocacy focuses on the needs of children and non-offending caregiver(s), providing them with needed support and information along with a compassionate, listening ear.

## **Mental Health Care**

Specialized trauma-specific and evidence-based mental health screening, assessment, and treatment are offered to children and families to help them cope with the trauma and work toward healing.

## **Medical Exams**

Specialized medical evaluations are offered to ensure the health and safety of each victim, identify any evidence of abuse, and make referrals to additional care as needed.

## **MDT Collaboration**

Professionals from the CAC and multi-disciplinary team work together and share their expertise to reach the best outcomes for children.

## **Prevention Education**

Child abuse prevention education strengthens our community's ability to protect children. Through presentations, workshops, and resources, we aim to educate others about the issue of child sexual abuse and how we can work together to eliminate it.

# Who We Serve

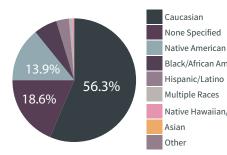


# 721 Female 257 Male

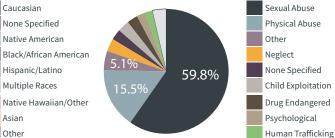
Age



Race



## Types of Abuse



95%

knew their offender. Most of the time, the dangers to children are not from strangers, but from someone they know and trust. 35%

of referrals came from rural counties.

27%

of offenders were <18, highlighting the need for evidence-based services for children and adolescents with sexual behavior problems.

The Red River Children's Advocacy Center exists to change those numbers and lead the fight against the cycle of child abuse through a more coordinated and compassionate approach.



# **Our Year in Review**

## **Our Numbers**





Celebrated 20 years of services.



Kicked off our Mental Health Campaign to increase services by 40%.



Trained nearly 500 individuals on child abuse intervention and prevention.



Increased opportunities for supporting our mission through corporate partnerships and Children's Champion of the Month.



Expanded CAC staff to serve 100+ more individuals than the previous year.



Expanded our ability to provide services to the Devils Lake region by opening a new location.

# **How We Are Funded**

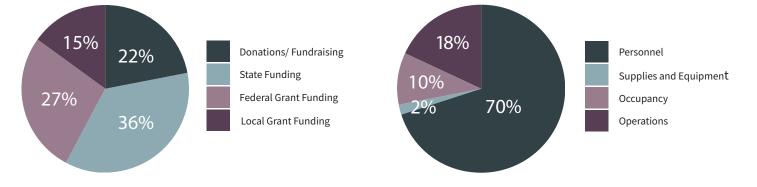
## **Revenue and Expenses**

#### Revenue

As a non-profit organization, we are dependent on the generosity of the communities we serve. Our services are provided at no cost to children and families. We are funded through grants, foundations, and community support.

#### **Expenses**

By far the majority of our expenses go to supporting direct services for children and families impacted by abuse. We are focused on providing accessible services in a safe and family-friendly environment that promotes hope, health, and healing.



## **Partners in Our Success**

Our work is made possible through the generous donations of individuals, agencies, businesses, and foundations. We thank all our partners and supporters who make the work we do in helping children possible!



# **Our Impact**

"Just felt the team was very compassionate, patient. Gave us good resources to have support we may need further after this."

-Child's Caregiver



"Team has been outstanding in giving insight that law enforcement does not usually have access to."

#### -MDT Member

# Why It Matters

## The impact of childhood trauma can last a lifetime.

Child abuse and other forms of trauma can have lifelong effects on children, families, and communities. Many studies have shown the strong relationship between Adverse Childhood Experiences (ACES), which include childhood trauma like abuse, and serious outcomes such as post-traumatic stress disorder (PTSD), depression, substance use, health problems, and even poverty and early death.



## Trauma is both common and costly to society.

How many children are we talking about? Nearly half of all U.S. children experience at least one type of childhood trauma. That exacts a toll on children, their caregivers, their community, and our country as a whole. For in addition to the physical, emotional, and social costs of child abuse, such trauma also carries economic costs.

# Abuse and other forms of trauma are common.

Nearly half of all U.S. children—

some **34 million**—have experienced at least one type of childhood trauma, while

**16 million** have experienced two or more types of trauma.<sup>2</sup>

Abuse carries a heavy cost. The lifetime cost for each victim is

\$210,012

Each year, total lifetime costs of new cases of child abuse reach approximately

\$124 billion

1 Fang, X.; Brown, D., Florence, C., and Mercy, J. The economic burden of child maltreatment in the United States and implications for prevention. (2012) Child Abuse an Neglect, Volume 36, Issue 2, February 2012, pages 156-165.

2 Bethell, C, Newacheck, P, Hawes, E, Halfon, N. Adverse childhood experiences: assessing the impact on health and school engagement and the mitigating role of resilience. (2014) Health Affairs Dec; 33(12):210-2016

# **How You Can Help**



The services of the Red River Children's Advocacy Center (RRCAC) are made possible because of the generous support from our communities. Because of your donations, we are able to respond to and prevent the abuse of our children. Please consider partnering with us today to make our mission possible.

The RRCAC is funded through grants and donations. Every dollar donated helps make a difference in the lives of children.

#### Donate

The Red River Children's Advocacy Center is a non-profit organization with 501(c)(3) status. Your contributions are tax deductible.



#### Volunteer

In order to provide services free to families, the RRCAC truly depends on the help of volunteers. Volunteers contribute their unique talents, skills and knowledge to help restore hope, health and healing to children and their families.

## Wish List

Visit us at www.RRCAC.org to view our Wish List of needed items that bring comfort and support to the children and families we serve.

#### Partner with Us

We have several opportunities to support our mission including Corporate Partnerships, Room Sponsorships, Event Sponsorships, and our Children's Champion of the Month. Unlock the power of giving and make a lasting impact on the lives of children and families we serve.



For more information on how you can help visit our website https://rrcac.org/make-a-difference/.

